

# FOREST RIDGE SOCCER

## 2018-2019 REGISTRATION

Spring Season: March 25 – May 25, 2018

Early Registration Deadline: **Saturday, March 23, 2018**

Last Day to Register for Spring: **Saturday, April 13, 2018**

*(2018 Fall Registration carries over and automatically covers the 2019 Spring Season at no additional charge)*

	Forest Ridge Association		Other Association*	
	Individual	Family	Individual	Family
Early Registration Fee	\$40	\$100	\$45	\$110
Regular Fee	\$50	\$125	\$55	\$135

\*Other Association: Villages of Forest Ridge, Valley View, Quail Hollow/Willow Glenn, Wynwood, etc.

Please view the ODH SCA video, complete in their entirety both forms, sign and mail both along with check or money order made out to “FRA Soccer”, to 3430 Berrywood Dr., Dayton, OH 45424.

Questions? Call 937-723-9768, or send an email to: [frasoccer@gmail.com](mailto:frasoccer@gmail.com).

Please see <https://forestridgeassociation.org/recreation/soccer/> for additional information, forms, policies, calendar, etc.

Player \_\_\_\_\_ Phone # \_\_\_\_\_

- Home
- Work
- Cell

Address \_\_\_\_\_ E-mail \_\_\_\_\_

Age (as of 1 Sept 2018): \_\_\_\_\_ (must be between 5 and 12)      Years soccer experience \_\_\_\_\_

Are there any health problems we should be aware of? \_\_\_\_\_

**Reversible Jersey - \$25.00** *(Jerseys run small – order a size up)*

- |   |   |
|---|---|
| <p><b>Youth:</b>    <input type="radio"/> Small    <input type="radio"/> Medium    <input type="radio"/> Large</p> <p><b>Adult:</b>    <input type="radio"/> Small    <input type="radio"/> Medium    <input type="radio"/> Large    <input type="radio"/> XL</p> | <p><input type="radio"/> Already have Reversible Jersey<br/>- no charge</p> <p><i>All players need their own cleats,<br/>shin guards, black shorts, and socks</i></p> |
|---|---|

I have enclosed  cash/  a check made out to “FRA Soccer” for \$ \_\_\_\_\_ Total (registration + jersey).

I, the undersigned, desiring to participate in the Forest Ridge Association Soccer Program, hereby agree to abide the rules, regulations, policies, and operating procedure of the Forest Ridge Association during the current 2018-2019 season. I further agree to release Forest Ridge Association, any related person, firm, institution, or organization from all liabilities for injuries sustained during the current 2018-2019 season.

I certify that the above information is true and correct. I have read, understand, and agree to the above legal statement for my child and give unconditional permission for my child to participate in the Forest Ridge Association Soccer Program.

\_\_\_\_\_  
Parent's/Legal Guardian's Signature

\_\_\_\_\_  
Please print Parent's/Legal Guardian's Signature

\_\_\_\_\_  
Date

As a parent/guardian, are you able to help in any of the following ways? (circle as appropriate)

**COACH or Assistant Coach (2 per team)\***

**TEAM PARENT**

Name: \_\_\_\_\_

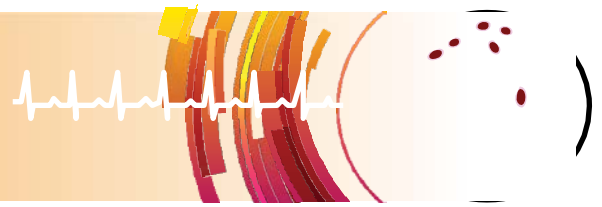
Name: \_\_\_\_\_

\*Subject to satisfactory Criminal Background Check (Form Required)

**Parental help is essential to guarantee the continued existence of the program.**

**PLEASE VOLUNTEER!**

# Sudden Cardiac Arrest and Lindsay's Law Parent/Athlete Signature Form



**What is Lindsay's Law?** Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

**Which youth athletic activities are included in Lindsay's law?**

- Athletics at all schools in Ohio (public and non-public)
- Any athletic contest or competition sponsored by or associated with a school
- All interscholastic athletics, including all practices, interschool practices and scrimmages
- All youth sports organizations
- All cheerleading and club sports, including noncompetitive cheerleading

**What is SCA?** SCA is when the heart stops beating suddenly and unexpectedly. This cuts off blood flow to the brain and other vital organs. People with SCA will die if not treated immediately. SCA can be caused by 1) a structural issue with the heart, OR 2) a heart electrical problem which controls the heartbeat, OR 3) a situation such as a person who is hit in the chest or a gets a heart infection.

**What is a warning sign for SCA?** If a family member died suddenly before age 50, or a family member has cardiomyopathy, long QT syndrome, Marfan syndrome or other rhythm problems of the heart.

**What symptoms are a warning sign of SCA?** A young athlete may have these things with exercise:

- Chest pain/discomfort
- Unexplained fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty breathing
- Unusually fast or racing heart beats

**What happens if an athlete experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play?** The coach MUST remove the youth athlete from activity immediately. The youth athlete MUST be seen and cleared by a health care provider before returning to activity. This written clearance must be shared with a school or sports official.

**What happens if an athlete experiences any other warning signs of SCA?** The youth athlete should be seen by a health care professional.

**Who can evaluate and clear youth athletes?** A physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist, certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth to another health care provider for further evaluation.

**What is needed for the youth athlete to return to the activity?** There must be clearance from the health care provider in writing. This must be given to the coach and school or sports official before return to activity.

All youth athletes and their parents/guardians must view the Ohio Department of Health (ODH) video about Sudden Cardiac Arrest, <https://www.youtube.com/watch?v=s-YfCWQPeqW>, review the ODH SCA handout and then sign and return this form.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent/Guardian Name (Print)

\_\_\_\_\_  
Student Name (Print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date